

LWMO Steering Committee Meeting

May 12, 2015 (11:30am-1pm)

238 South 2nd st. Montrose, CO

In attendance: Michelle Gibb, Jana Faringer, Ricardo Perez, Juile Anne Helmick, Janie Sworesen, Greg Switzgable (from Health Links Colorado), Elizabeth Atwell, Abbie Brewer

Desired Outcomes:

- **Worksite Wellness Updates**
- **Letter of Support from River Valley Health Clinic**
- **Cell phone stipend for staff**

Updates: Greg Switzgable from Health Links – Pinnacle Insurance, a worker’s comp carrier in Montrose, has recently launched a free worksite wellness program for its policy holder. Administered through Virgin Pulse. Do individualized quarterly challenges via an online platform. Weekly calls on Tuesday at 2pm for policyholders interested in learning more. Delta County received a grant that will start on July 1st to use Health Links as the worksite wellness component of a grant concerned with cancer, pulmonary and cardiovascular disease. Training in Montrose through several Western Slope Counties Public Health Departments on Nov. 5th 2015.

- Last Meeting’s Minutes reviewed
- Financials reviewed
- Letter of Support for River Valley Health Clinic who is seeking funding to support a clinic in Montrose
 - Amazing purpose with RVHC who is focused on wellness, and we are building a strong relationship with them
 - Recommendation is to give the LWMO more time to provide a letter of support for this because there seems to be questions related to health equity and access to care. Conclusion: It is “out of our scope.”
- Steering committee members and vacancies: Need someone from the Hospital on HEAT Committee Possibility Frank Deter and have more of a discussion around access to Health Care. Also Melanie Hall who represents the dental community. Looking for someone from Active Living (possibly Gary Baker) or Justin Macburn from the Rec District. Montrose Youth Council.
- State wide school wellness meeting at MSD. MSD faced with possible large fines for not having SW committees in place. Growing conversation around bullying and mental health could be an avenue for expanding to a more holistic conversation around wellness. Possibility of using high school students as auditors.
- General approval to provide a stipend for staff cellphone use
- Discussion on employee handbook, etc. postponed until June meeting